



CHIEF PROBATION OFFICERS

OF CALIFORNIA

Conference Spotlight: Contra Costa County Probation

Contra Costa County Probation's *Girls In Motion* (GIM) program is a gender responsive, cognitively based in-custody treatment program designed for female youth. The program is located inside the John A. Davis Juvenile Hall in Martinez, California. GIM is a five-part program with each phase considered a "motion". The five phases include:

1. Orientation phase;
2. Three in custody phases; and
3. A community phase.

The program is operated by the Probation Department; however, Mental Health, Medical, the School Department, and Community Violence Solutions (CVS) a local community based organization, work in close collaboration to support of the rehabilitative success of the youth participating in the program.

The goal is to teach youth the pro-social skills and thinking needed to be successful in society through evidence-based cognitive behavioral treatment (CBT) classes and Core Correctional Practice strategies and interventions. The youth are expected to participate in Anger Replacement Training (ART), Moral Reasoning, Skill Streaming, Thinking for a Change (T4C), Girls Circle, Advanced Practice CBT, Job Tech and, if needed, Cognitive Behavioral Intervention for Substance Abuse (CBI-SA). Additionally, the youth have the opportunity to participate in Dialectical Behavior Therapy (DBT), Trauma focused CBT (TFCBT), Alcoholics Anonymous (AA), Alateen, and religious services.

All youth have assigned probation case workers and an assigned therapist. Furthermore, CVS provides individual services for commercially sexually exploited youth (CSEY) in and out of custody. Upon release, youth are supervised by a DPO, who has worked with them throughout the program and continues to be a transfer coach to reinforce treatment concepts while they are in the community to ensure continuity of the program and skills developed. Contra Costa County Probation also has a version of this program for male youth.