



Investing in Justice Diversion and Treatment Program

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SACRAMENTO COUNTY PROBATION DEPARTMENT

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## JJDTP PROGRAM MODEL

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- Created to serve at-risk and juvenile justice youth, ages 13 through 26, with mental health needs
- Capacity of 128 youth
- Funding supports collaboration between Behavioral Health, Probation and service provider
- Full service partnership with intensive, community-based treatment and supervision



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## JJDTP PROGRAM GOALS

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- Reduce out-of-home placements and homelessness
- Increase school attendance and achievement
- Increase vocational training and employment
- Reduce psychiatric hospitalizations
- Reduce juvenile detention and/or young adult incarceration



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## JJDTP PROGRAM PROCESS

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- Referrals submitted by Probation, Courts, schools, and community-based organizations
- Sr. Mental Health Clinician evaluates youth; ensures admission criteria are met
- Clinician monitors progress, acts as program liaison
- Youth/Family participation is voluntary



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## JJDTP PROBATION SUPERVISION

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- Intensive probation supervision in:
  - Home
  - School
  - Community
- Probation officers attend weekly meetings at River Oak
- Youth may remain in JJDTP after supervision has terminated



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## JJDTP TREATMENT

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- Plan tailored to youth/family individualized needs
- Variety of intensive case management/mental health services provided
- Evidence-based programs available:
  - Functional Family Therapy (FFT)
  - Multi-Systemic Therapy (MST)
  - Trauma-Focused Cognitive Behavioral Therapy (TFCBT)
  - Dialectical Behavior Therapy (DBT)
  - Anger Replacement Therapy (ART)
- Youth and/or Family Advocate offered
- Funding for additional supports available



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## PROGRAM OUTCOMES

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**42%**

ACHIEVED  
TREATMENT GOALS

**54%**

PLACED WITH  
PARENT



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## PROGRAM OUTCOMES

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**57%**

REDUCTION IN  
DELINQUENCY

**53%**

IMPROVED SCHOOL  
ACHIEVEMENT

**65%**

IMPROVED SCHOOL  
BEHAVIOR



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## PROGRAM OUTCOMES

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FAMILY REPORTED

**23%**

REDUCTION IN  
OVERALL DISTRESS

YOUTH REPORTED

**16%**

REDUCTION IN  
OVERALL DISTRESS



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## PROGRAM SATISFACTION

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**91%**

FAMILY

**82%**

YOUTH



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